

#### Let's talk about Auditions

# There's many things to think about.. I know.

I hear everything your thinking. How should I do my hair? What should I wear? What should I do with my make up? Do I look like what they want? Auditions invite us to question many things about ourselves..

And sometimes taking the guess work out of the process helps to make us that much stronger in our performance.

We're battling too many things: Wear what you have in your wardrobe, but dress the role. Don't buy new clothes just for auditions, but make sure your clothes look crisp and clean. All of this adds extra stress to a mere split second appearance.

I know it, I deal with it and hear about it all the time. All you need is a few go-to's when creating your looks — because you are confident, beautiful and perfect just the way you are!

I'm extra thankful that you now have peace of mind with this wardrobe guide. No more second guessing your outfits. It's time to spend your prep time on your award winning performance because you'll know when you put it on , you look great and are going to rock!

The audition process should be an experience of journey and gratitude. So while this guide helps to make your audition prep less stressful, I'll be here creating more tips and tricks to give you a smooth ride!

## Wardrobe Tip # 1:

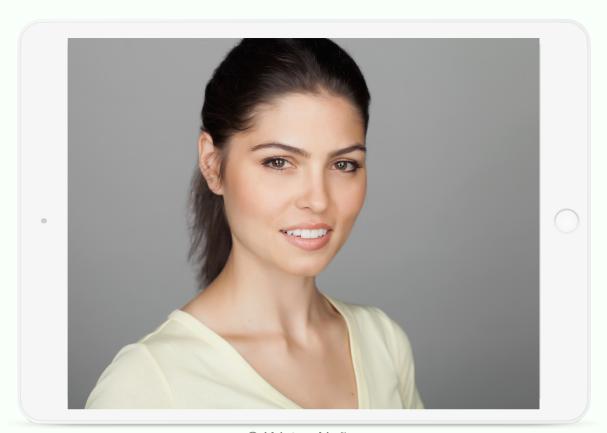
# Solid Color's Work Best

Distracting patterns and designs can hinder the focus of the viewer. You want the attention to be solely on your performance not a distracting top.

And sometimes taking the guess work out of the process helps to make you that much stronger in your performance.

**Best Practice:** have at least 5 solid color top options for auditions. Go through your wardrobe, make note of solid colors you can wear.

- 1.
- 2.
- 3.
- 4.

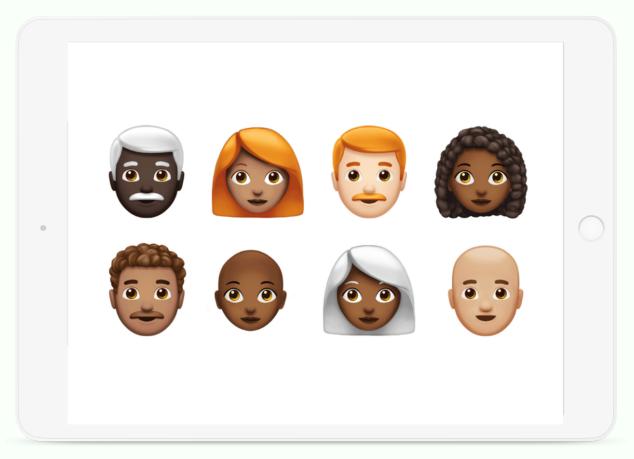


## Wardrobe Tip # 2:

# Avoid The Floating Head

Wearing the same color that blends into the background in the audition room makes it look like you have a floating head. If the focus is on your animated talking head, then we're not listening to your performance, our heads are off in some other land — leading itself to an unlikely callback.

**Best Practice:** Get to know your casting room backdrops. Make note so you remember for next time.



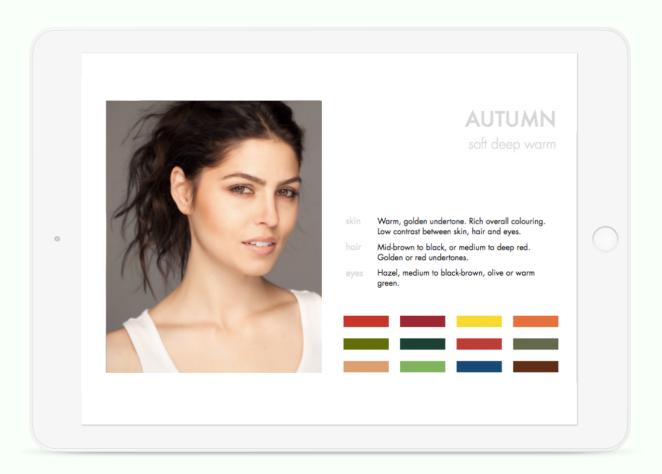
#### Wardrobe Tip # 3:

## Your Color Palette

Ever where a top and someone says, "Oh that color looks great on you?" More likely than not, they mean — that shirt really compliments your skin tone.

Take note of situations like these. Try and think back to what color you were wearing the last time you heard a compliment on your color choice. Once you start booking, pay attention to what colors and style the wardrobe stylist puts you in. Hey, sometimes they'll let you keep what you wore. Speak up, you'll never know if you don't ask!

**Best Practice:** Only wear what compliments your skin tone, If you're not sure what's best look into working with an expert in color palettes.



#### Wardrobe Tip # 4:

# Performance Only Wardrobe

First impression is everything. Your wardrobe says something too. That old shirt you love to wear because it's so comfortable but has been washed so many times that its 5 shades lighter than it should be.. Ditch it! No room for over warn clothes here.

Having a dedicated area for audition clothing is a real time saver. This industry is so last minute the less time you have to dig through a closet full of craziness the better. Separate by category and only wear for auditions and shoots. My favorite stores to shop at are

Banana Republic and H&M. They have many solid colored options and fit my petite frame! Find your go to spots for last minute grabs.

Best Practice: Now that you've finished the guide, put all your audition wardrobe in a designated area for quick access on those last minute requests.



#### Wardrobe Tip # 5:

#### Your Wardrobe's Best Friend

When was the last time your garments looked so crisp like they just came from the cleaners? It's ok if you don't remember. But it's not ok going into your next audition. Remember Tip 1 talked about distracting patterns? The same goes for wrinkled garments. It looks unprofessional and takes away from your well thought out performance. These details may seem minuscule in the grand scheme of things, but they can also be the final deciding factor between you and another candidate. Leaving the clients & casting with a well polished appearance will leave a positive impression for this job and all future opportunities. It's also one way to establish trust, which can get you called back over and over again.

#### **Best Practice:**

- 1. Prep wardrobe the night before
- 2. Hang & Steam garments the night before
- 3. Invest in a travel steamer & lint roller



#### So there it is:

# You're ready to rock that audition!

These tips are what I've used every audition. They have simplified the getting ready time, helped me maintain a professional image, and changed the way I approach wardrobe for auditions. As a result, I feel less stressed because I built a little guideline for myself.

When you can show up and focus solely on your performance — you're winning! I always tell myself, "An audition is supposed to be fun, not stressful."

And that's so true when it comes to planning your audition wardrobe.

Remember, an audition is your "interview" meaning everything you do is essentially being analyzed — from your wardrobe, personality, body language and acting choices. It's a place to show off all that you've been working on. And the more prepared we can be, the more confidence shows up to aid locking in that booking!

I know, it's <u>SO</u> nerve racking to be in front of the camera. Knowing I'm not the only one who has struggled with nerves inspires new ideas to teach, elevate and give back! These tips will give you extra confidence in your many choices you have to make with little to no guidance. But rest assured - you got this! And remember to tell yourself...... I look good, I feel good — I'm going to rock this!

At the end of the day, my mission is simple: The more you know, the better you can be. Was this guide helpful? I'd love to hear from you!

Would you take a few seconds to connect with me on Instagram @nunezkristen— share what you've learned!

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